

Protecting and improving the nation's health

Resource T: Workshop 2 agenda¹

Whole systems approach to obesity: Building and aligning actions

Building and aligning actions

Activity	Time
Welcome / introduction	10 to 15 mins
Presentation 1: The process so far	5 to 10 mins
Presentation 2: The outputs and learning to date and workshop overview	20 to 30 mins
Group activity 1: Prioritising areas to intervene	5 to 10 mins
Presentation 3: Understanding system levels and the	10 to 15
Action Scales model	mins
Refreshment break	10 to 20 mins
Group activity 2: Identifying opportunities	90 to 120 mins
Group activity 3: Refining our vision	15 to 20 mins
Close	10 mins
Duration	(3 to 3.5 hours)

¹ This resource is part of Public Health England's wider whole systems approach to obesity programme. Please search to find the main guide and additional resources.